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Interweb or Flowbase: comparison and which to choose in Mozambique

Comparisons and alternatives

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Interweb or Flowbase: comparison and which to choose in Mozambique

Comparisons and alternatives Created on **August 16, 2026** Updated on **October 22, 2026** 4 min read



By the Interweb editorial team · Updated 15 October 2026 · Data from the providers' public pages, consulted in October 2026.

Flowbase is a Mozambican hosting and domain provider, and one of the few here offering two panels.

Both are local providers, both sell hosting and domains. The short answer: **on the basics they are similar**, and the choice comes down to three or four details. Let us go through them one by one.

Hosting and panel

1. **Interweb** - **cPanel** on Linux hosting and **Plesk** on Windows hosting, with CloudLinux, free SSL and Imunify360. Clear per-account limits - that is what stops a neighbour's site ruining your day.
2. **Flowbase** - Advertises **cPanel and also Plesk**, SSD/NVMe disks, backups and WordPress.

Domains

1. **Interweb** - **.mz registered with CIUEM** by us, with a **DNS manager in the panel** and nameserver changes you make yourself, at any hour.
2. **Flowbase** - Registers **.mz**.

How you pay

1. **Interweb** - **Meticais**, with a local invoice your accountant accepts.
2. **Flowbase** - Shows prices **in meticais**.

Backups

1. **Interweb** - **Every night before dawn, kept for a year**, restored through JetBackup from the panel.
2. **Flowbase** - Advertises backups (see their site for frequency and retention).

Customer support

1. **Interweb** - **WhatsApp, panel ticket and e-mail 24 hours a day**, plus **phone calls from 08:00 to 16:00** - all in Portuguese, with a written record of everything asked and done kept in the panel.
2. **Flowbase** - Advertises **24/7** and phone.

For companies: VPS and reseller

1. **Interweb** - VPS, Cloud, dedicated and reseller. Servers are **unmanaged** by default - delivered with the OS and full access.
2. **Flowbase** - Has **VPS**.

Main differences

	Interweb	Flowbase
Panel	cPanel (Linux) and Plesk (Windows), with CloudLinux and Imunify360	Advertises cPanel and also Plesk, SSD/NVMe disks, backups and WordPress.
National domain	.mz with CIUEM	Registers .mz.
Currency	Meticais, with a local invoice	Shows prices in meticais.
Backups	Nightly, kept 1 year, self-service restore	Advertises backups (see their site for frequency and retention).
Support	WhatsApp, ticket and e-mail 24h; phone 08:00-16:00	Advertises 24/7 and phone.

Where Flowbase is strong

It is a tidy Mozambican provider with two panels - if you know them or were recommended them, that counts.

Why we recommend Interweb

If you want **everything in one place and in local currency**: national domain, hosting, e-mail and invoice on one account. We are among the few who state in writing **how long backups are kept** - one year - and let you **restore them yourself** from the panel, with no ticket and no waiting. Add **CloudLinux**, which stops a neighbour's site ruining your performance, **Imunify360** against malicious code, **free SSL that renews itself**, **free migration of your current site**, **free .mz transfers**, over **100 domain extensions** and one-click WordPress.

Entry price: the **Hospedagem Pro** plan starts at **MT 900/month** (10.800 a year), with SSL, backups and cPanel included. *Price current in August 2026 - check the store for today's figure.*

In short.
For a business in Mozambique - with a national domain, an invoice in local currency and someone who answers any hour by WhatsApp, ticket or e-mail - **Interweb** is the choice we recommend. And if you ever change your mind, you take everything with you, with no fee.

See hosting plans → | **Search a domain →** | **See Professional E-mail →**

The test worth more than this article.
Before deciding, send a technical question to both support teams and compare how long they take and how good the answer is. That applies to them and to us - it is how you judge a provider.

Comparison drawn from each provider's public pages in August 2026. We did not test their services, and the information may have changed since. If you spot anything out of date, tell us and we will correct it.

NEED A HAND?

Want an honest opinion on your case? Tell us what you need.

Talk to our team →

SEE ALSO

The grid for comparing any provider:
Hosting providers in Mozambique: what to compare before deciding

If you move, the domain comes with you:
How to transfer a domain to us

Sources

1. CIUEM official website: www.ciuem.mz (consulted in October 2026)

2. Flowbase official website: flowbase.co.mz (consulted in October 2026)
3. Interweb plans and prices: interweb.co.mz

This article is provided for information only. It compares services using what each provider published on its public pages on the date indicated; prices and conditions change, so always confirm them on each provider's website. We give no warranty or endorsement regarding third-party services. CIUEM and Flowbase are trademarks of their respective owners, and Interweb has no affiliation with them. If you find an error, write to us and we will correct it.

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TAX ID (NUIT)	401 191 607
LEGAL ENTITY NO. (NUEL)	105 045 974
ECONOMIC ACTIVITY CODE (CAE)	62022
REGISTERED OFFICE	Bairro 7 de Setembro Vilankulo 1304 · CEP 0411-02, Inhambane, Mozambique
CONTACT	info@interweb.co.mz · +258 84 635 1111 · +258 86 635 1111 · www.interweb.co.mz
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